

Year 4 Teamwork and Leadership

National Curriculum objectives

To explore some teamwork activities that focus on team dynamics of trust within teams.

Key Learning

- To explore some teamwork activities that focus on team dynamics of trust within teams.

Key Vocabulary

Cooperation: The act or process of working together to get something done.

Improvisation: The act or art of speaking or performing without practicing or preparing ahead of time.

Listening skills: The ability to concentrate and understand instructions being given verbally.

Teamwork: Working respectfully and effectively with a group and doing your share when striving to achieve a common goal.

Trust: Having complete faith in someone or something,

Equipment and Resources

- Blindfolds: one for each team of four.
- An object for teams to direct their players to, such as a cone.
- Set out two matching obstacle courses. A suggested layout can be seen in [Obstacle Suggestions](#).
- [Steve Jobs quote](#): You might want to print this or display it on a screen as part of the cool down discussion.

Key Questions

Can you guess how someone is feeling, based on their actions?

If you feel self-conscious, is it because of a lack of trust?

Do team members need to be able to trust each other?

If a team has more trust, will it make them better at achieving the outcome?

Safety

- A quiet and clear space with few distractions will help pupils to focus.