

## Year 3 Dance Unit 3.2

### National Curriculum objectives

Perform dances using a range of movement patterns.

These skills are fluid and may commence later or earlier in specific year groups and possibly cross them contingent of outcomes.

### Key Learning

#### Performance and appreciation

- Organising sections of dances to create one piece, working in sync with other group members
- Assess others' work

#### Choreography

- Work as a group to select learnt positions and movements to create short dance phrases
- Use choreographic devices to enhance dance phrases, including choreographing a solo

#### Movement

- Select and explore a variety of movements, responding imaginatively to a range of stimuli
- Perform movement actions individually, with partners, a group and whole class
- Explore, repeat and link a range of actions with coordination and memorise.
- Respond to a beat, using music as a stimulus to influence dance

### Equipment

- 15 x Gymnastic mats laid out around the learning space (for cool down)
- Visual clues for the circus
- Red noses (optional)
- Streamers/ribbons
- Music

### Key Vocabulary

**Agility:** The ability to move and change direction and position of the body quickly and effectively while under control.

**Co-ordination:** The ability to perform actions smoothly and efficiently with different parts of the body.

**Gesture:** Is a movement of any part of the body that is not weight bearing.

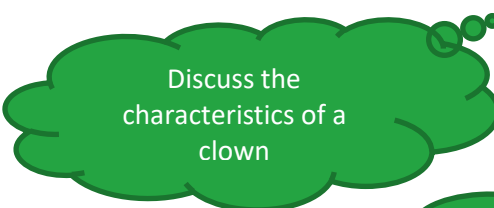
**Imagery referred to:** Audience, circus, clown, strength, muscle, tightrope, clumsy.

**Pathway:** Patterns created in the air or on the floor by the body or body parts.

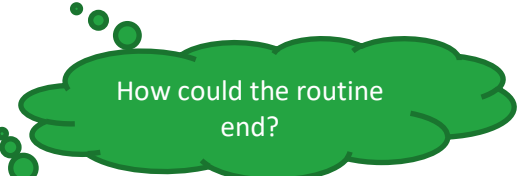
**Phrase:** Is a short choreographic element that has an intention and feeling of a beginning and an end.

**Types of movement referred to:** Linear, circular, zig-zag, pose, bending, lifting, tension.


### Key Questions



Discuss the characteristics of a clown



How could the routine end?



Can you model different gestures?

### Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down