

Year 6 Dance Unit 6.3

National Curriculum objectives

Perform dances using a range of movement patterns.

These skills are fluid and may commence later or earlier in specific year groups and possibly cross them contingent of outcomes.

Key Learning

Performance and appreciation

- Perform choreographed dance narrative, improving movements, developing timing and spacing
- Assess self and others with increasing critical feedback and suggested actions for improvement using apt and precise language

Choreography

- Explore and link a number of movements and patterns
- Use choreographed movements and patterns to tell a narrative; adapt movements in a more creative style; utilise a floor plan

Movement

- Use choreographed movements and patterns to tell a narrative; adapt movements in a more creative style; utilise a floor plan
- Use gymnastic equipment to create improvised movement
- Allow different parts of the body to lead and influence the rest of the movement; using a range of levels tempos and contact wor

Key Questions

- Sugar paper or whiteboards and pens to be able to record pupil's ideas.
- Music - Space themed (Optional)
- Clip of landing on the moon or space
- Pictures of space rockets.
- Masking tape.
- Pictures of star alignment (PDF)
- Background information on the planets (PDF)
- Video of information on the planets
- Fact file cards of different planets (PDF)

Key Vocabulary

Canon: A movement canon occurs when dancers perform the same phrase one after the other.

Contact work: Involves the exploration of one's body in relationship to others by using the fundamentals of sharing weight, touch, and movement awareness.

Core: Is the centre of the body.

Direction: Forward, backward, sideways, up and down.

Dynamics: The way in which movements performed, there are 5 key elements body, action, space, time and energy.

Extension: Lengthening one or more muscles or limbs.

Floor plan: The layout plan of the dancing area.

Fluency: Soft flowing movements.

Imagery referred to: Gas, rocky weightless.

Improvisation: Is movement that is created spontaneously, or without preparation.

In the round: A dance in which the dancers form a circle.

Levels: There are three levels in dance movement: high, middle and low i.e. low level would be floor level.

Musicality: How dancers hear, interpret, and dance to music.

Pace: The rate of activity or movement.

Rhythm: In dance is expressing the rhythm of music through the body.

Sequencing: A group of linked movements.

Space: The space through which the dancer's body moves.

Tempo: The speed of movement.

Timing: Refers to moving to the beat of the music.

Transitions: Movement, passage, or change from one position to another.

Unison: When two or more dancers perform the same steps at the same time.

Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down