

Year 6 Dance Unit 6.2

National Curriculum objectives

Perform dances using a range of movement patterns.

These skills are fluid and may commence later or earlier in specific year groups and possibly cross them contingent of outcomes.

Key Learning

Performance and appreciation

- Perform choreographed dance narrative, improving movements, developing timing and spacing
- Assess self and others with increasing critical feedback and suggested actions for improvement using apt and precise language

Choreography

- Explore and link a number of movements and patterns.
- Use choreographed movements and patterns to tell a narrative; adapt movements in a more creative style; utilise a floor plan

Movement

- Use choreographed movements and patterns to tell a narrative; adapt movements in a more creative style; utilise a floor plan
- Use gymnastic equipment to create improvised movement
- Allow different parts of the body to lead and influence the rest of the movement; using a range of levels tempos and contact work

Key Vocabulary

Canon: A movement canon occurs when dancers perform the same phrase one after the other.

Co-ordination: the ability to perform actions smoothly and efficiently with different parts of the body

Gesture: is a movement of any part of the body that is not weight bearing

Imagery referred to: Olympic, pentathlon, heptathlon, event, stadium, javelin, discus, long jump, wrestling, torch, flame, relay

Level: there are three levels in dance movement: high, middle and low i.e. low level would be floor level

Phrase: is a short choreographic element that has an intention and feeling of a beginning and an end

Unison: when two or more dancers perform the same steps at the same time

Equipment

- 15x Gymnastic mats laid out around the learning space (for cool down)
- Coloured streamers (optional)
- Music (suggestion: 'Chariots of Fire' by Vangelis)

Key Questions

Could you identify the different sports?

How were your dance phrases based on different elements?

How did you work collaboratively?

Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down